2016 ANNUAL REPORT
CELEBRATING 102 YEARS OF SERVICE TO THIS COMMUNITY

YWCA IS ON A MISSION
eliminating racism empowering women
Mission Statement: YWCA Lower Cape Fear is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom, and dignity for all.

The YWCA Lower Cape Fear has over 4,000 members and serves more than 7,000 people annually through our work on youth and child development, economic advancement for women, wellness, and dismantling racism.

what we do

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*As of December 31, 2016
New Choices Professional Development provides assistance to individuals who were once dependent on someone else’s income and are now ready to re/enter the workforce and/or attend college. New Choices creates opportunities for women and men to become self-sufficient.

Fluid Recovery is a progressive water and pilates fitness program that was developed for breast cancer survivors in New Hanover, Brunswick, Pender and Columbus Counties. The program is free to survivors who have completed chemotherapy and radiation treatments.

“What’s Wrong With Different?” is a racial justice program for K-5th graders with a focus on 3rd grade students in New Hanover, Brunswick, and Pender County schools. The program was developed by the YWCA Lower Cape Fear as a hands-on approach to teach students to value, appreciate and respect the differences between people, rather than to view a person who is different as inferior.

Stand Against Racism is an annual event that helps raise awareness that racism still exists in our communities and that it should no longer be tolerated. The movement is becoming a large and powerful demonstration across the country of hundreds of thousands of individuals that believe in a society free of racism.

Week Without Violence is a signature initiative that was created by YWCA USA over 20 years ago to mobilize people in communities across the United States to take action against all forms of violence.

Grandparent Support Network is a support group for grandparents who are raising their grandchildren. GSN meets every Thursday for resources, counseling, tutoring, and a warm meal. There are currently 49 grandparents and 93 grandchildren in Grandparent Support Network.

Potluck For Peace is an effort to impact peaceful change in the community through food, fellowship, and enriching dialogue. By combining a wide variety of community members, we hope to create a powerful conversation about change, acceptance, and awareness.
The elimination of racism is an on-going process that requires persistence, commitment and continuing dialogue between individuals and groups. The YWCA is committed to helping individuals, organizations and companies in the Lower Cape Fear region improve race relations and find ways to eliminate racism through constructive dialogue and meaningful action.

2016 highlights

- Volunteers reached more than 100 third grade students through our “What’s Wrong With Different?” program in New Hanover and Pender County schools
- 450 people participated in our 7th annual Stand Against Racism
- Our quarterly-held Potluck for Peace series averaged over 300 participants engaged in enriching dialogue to impact peaceful change in the community through food and fellowship.

The YWCA’s Health and Wellness programs are not only exciting, fun and affordable, they also help to change the health habits of our members for the better. We are able to strengthen women and their families by offering a variety of opportunities for fitness through lifetime activities.

2016 highlights

- The pool saw over 71,000 units of service
- Conducted community swim days that provided free swim lessons and safety programs for children of the Wilmington Housing Authority and provided free group swim lessons to the Grandparent Support Network
- The Barracudas Swim Team remained undefeated during the regular season and was crowned the Wilmington Swim League Champions for the 3rd year in a row.
- The pool continued to be a free space for special needs groups such as Special Olympics, Help Center, Cape Fear Enrichment, Cape Fear Group Homes and the Ocean House
Grandparent Support Network
The YWCA continued to provide service to 93 children and 49 grandparents throughout the year. In partnership with First Presbyterian Church, the YWCA hosted weekly meetings providing group support, tutoring, and hot meals.

GSN participates in the Circle of Parents model, a promising evidence-based model. As such caregivers participate in an annual evaluation looking at protective factors that predict success for children. In 2016, grandparents showed statistically significant progress in building all protective factors: knowledge of parenting and child development, social connections, concrete support in times of need, children’s social and emotional development.

2 participants graduated from college in 2016

YWCA @ GLOW
25 teens were served in our enrichment program for students of Girls Leadership of Wilmington Academy (GLOW)

ywca@GLOW provides a healthy snack, tutoring and homework time, group discussions and activities based from the Girls Circle curriculum and special workshops and activities from community groups.

empowerment & economic advancement
The YWCA Lower Cape Fear works with individuals to become full participants in the economic mainstream of our community through support for finding, changing or maintaining a job. When individuals achieve economic self-sufficiency, they contribute to the overall strength of our community.

2016 highlights
New Choices
- The New Choices program provided services to 35 participants
- All participants were given guidance to obtain employment or education assistance to help in their progress toward economic self-sufficiency

YWCA @ GLOW
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- YWCA@GLOW provides a healthy snack, tutoring and homework time, group discussions and activities based from the Girls Circle curriculum and special workshops and activities from community groups.

The YWCA supports quality, affordable and accessible early childhood education that assists adults in moving towards economic independence and provides children with culturally sensitive, developmentally appropriate activities that enable children to succeed in school.

youth enrichment
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2016 highlights
After School, Summer Camp & Tot Spot Preschool
- 35,642 units of service provided at our main campus program
- 4,212 units of service provided at the new satellite YWCA@Wesley after school and summer camp programs
- Served over 6,000 warm meals to students
- Partnerships formed or continued with Foster Grandparents, Cape Fear River Watch, Smart Start of New Hanover County, Wesley Memorial United Methodist Music programs, First Book New Hanover County, UNCW Summer Family Arts Series and the Region 4 CCR&R

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- 2 participants graduated from college in 2016
our donors | our partners

The YWCA of the Lower Cape Fear recognizes the following corporations, foundations and individuals whose support during the fiscal year January 1, 2016 through December 31, 2016 helped maintain the excellence of our programs and services. All contributions to the YWCA are gratefully appreciated and help us to continue to fulfill our mission to empower women and eliminate racism.

$5,000 and over
Cape Fear Memorial Foundation
First Presbyterian Church
James E. Moore Insurance Agency
Katherine Kennedy Home Foundation
Louis Oriole Burevitch Endowment
United Way of Cape Fear Area

$1,000 and over
Dan Cameron Foundation
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First Book of New Hanover County
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Trader Joe’s
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WILMA

*We have made every attempt to include all donors. If your name is missing, we apologize. Please make us aware so that we can make any corrections
2016 Financials

**Revenue**
- Contributions: $83,005
- Membership Dues: $70,387
- Program Service Fees: $1,392,993
- Special Events: $50,925
- **Total Revenue**: $1,597,310

**Expenditures**
- Payroll: $931,230
- Contracted Services: $130,741
- Program Operations: $158,770
- Occupancy and Vehicles: $184,841
- Insurance: $76,261
- Interest and Other: $3,935
- Depreciation: $100,011
- **Total Expenditures**: $1,585,789
The YWCA’s successes are built by hundreds of people who donate their time, resources and imagination to create programs and initiatives devoted to women and their families. The YWCA, a 501(c)(3) not-for-profit organization, is supported largely through generous tax-deductible contributions from individuals and organizations.

You can help by:

Making a donation through a tribute or memorial gift, planned giving and matching gifts.

Purchasing a brick on the Wilma Daniels Pathway to help secure the future of the YWCA!

Donate to the Dolores Kirk Scholarship Fund, created to help with childcare tuition assistance. Scholarships are available to qualifying families and children in our Tot Spot Preschool, After School and Summer Camp program.

Volunteering your time, participating in worthwhile, challenging work. Enjoy the benefits of being engaged in a community where a diverse group of people from a wide range of backgrounds are welcomed and engaged.

Becoming a member of the YWCA. Mission membership allows for enrollment in quality, affordable childcare, fitness and support services and programs offered by the YWCA. Membership is also a statement of support for the mission, goals and programs of the YWCA.

Educating others by making an effort to get to know people who are different than you, being a role model, stopping yourself from making assumptions, being a proactive parent and supporting anti-prejudice and anti-racist organizations.

locations

YWCA Main Campus
2815 S. College Road
(910) 799-6820

YWCA Bridge Center
41 Government Center Drive
(910) 799-9643