

ALL PROGRAMS REQUIRE YWCA
MEMBERSHIP:

Family Membership
(parents and children) \$55

Individual Membership \$35

Individual Senior Membership
(60 and older) \$30

Youth Membership
(up to age 17) \$25

note

For a **complete schedule of programs and classes, fees or other information** on the YWCA Aquatics Program contact the YWCA Pool at (910) 799-6820, ext. 109. or visit our website at:

www.ywca-lowercapefear.org

Please see guidelines during restrictions for Covid-19 for YWCA Aquatics on our website at :

www.ywca-lowercapefear.org

YWCA Lower Cape Fear
2815 South College Road
Wilmington, NC 28412

**ywca barracuda
summer swim team
May 10-July 18**

**eliminating racism
empowering women**

ywca

YWCA of the
Lower Cape Fear, Inc.
2815 South College Rd
Wilmington, NC 28412
Tel: 910-799-6820
www.ywca-lowercapefear.org

ywca barracuda summer swim team

May 10th-July 18th

The YWCA is proud to offer the Barracuda Summer Swim Team starting Monday, May 10th and lasting for ten weeks. Our option this season is either Monday/Wednesday or Tuesday/Thursday with each group rotating Fridays. Each swimmer will receive a cap, t-shirt and trophy. We do not have info for competition for the Wilmington Swim League yet, but we hope to provide that info as soon as it is available.

We will have a kick-off online meeting on Saturday, May 8th at 5:00 p.m. with info for parents about the season, introduction of our coaches and any questions parents or swimmers may have about the season and team. More details will be emailed out the week of the meeting.

There are eight available groups to participate in. They are as follows:

Monday/Wednesday 3:30-4:30pm (5 Max)
or
Tuesday/Thursday 3:30-4:30pm (5 Max)
Ages 6 and under

These two groups are available for children who are ages 6 and under who are able to swim at least half the pool (12 1/2 yards) freestyle and backstroke. Coaches will be in the water with this group.

Monday/Wednesday 3:30-4:30pm (25 Max)
or
Tuesday/Thursday 3:30-4:30pm (25 Max)
Ages 8 and under

Children in this group must be able to swim 25 yards freestyle and backstroke.

Monday/Wednesday 4:30-5:30pm (30 Max)
or
Tuesday/Thursday(4:30-5:30pm (30 Max)
Ages 9-12

Monday/Wednesday 5:30-6:30 pm (20 Max)
or
Tuesday/Thursday 5:30-6:30pm (20 Max)
Ages 13 and over

M/W groups will practice on the Fridays of:
5/14, 5/28, 6/11, 6/25 and 7/9

T/TH groups will practice on the Fridays of:
5/21, 6/4, 6/18, 7/2 and 7/16

Cost for all groups is \$175.00

Team suits are available as an additional purchase through Toad Hollow Athletics at their retail store located at 260 Racine Drive #6, as well as their website www.toadhollowathletics.com. Type in "lower cape" in the search box and our suits will come up. Suits will be available in early April. The suits and prices are as follows:

Female
Dolfin Solid Black Reliance DBX Back
\$43.10 plus tax

Male
Dolfin Solid Black Reliance Jammer
\$31.20 plus tax
or
Dolfin Solid Black Reliance Brief
\$24.80 plus tax

For questions concerning the Barracuda Winter Warm-up please feel free to contact Aquatics Director Lance Tate
799-6820 ext.110

**SIGN UP STARTS
Monday, March 29th
at 9:00 a.m.
in person or by phone
799-6820 ext.109**