### ALL PROGRAMS REQUIRE YWCA MEMBERSHIP:

- **Family Membership (parents and children)**: $55
- **Individual Membership**: $35
- **Individual Senior Membership (60 and older)**: $30
- **Youth Membership (up to age 17)**: $25

### note

For a **complete schedule of programs and classes, fees or other information** on the YWCA Aquatics Program contact the YWCA Pool at (910) 799-6820, ext. 109. or visit our website at:

www.ywca-lowercapefear.org

Please see guidelines during restrictions for Covid-19 for YWCA Aquatics on our website at:

www.ywca-lowercapefear.org
The YWCA is proud to offer the Barracuda Summer Swim Team starting Monday, May 10th and lasting for ten weeks. Our option this season is either Monday/Wednesday or Tuesday/Thursday with each group rotating Fridays. Each swimmer will receive a cap, t-shirt and trophy. We do not have info for competition for the Wilmington Swim League yet, but we hope to provide that info as soon as it is available.

There are eight available groups to participate in. They are as follows:

**Monday/Wednesday 3:30-4:30pm (5 Max)**
- Ages 6 and under

These two groups are available for children who are ages 6 and under who are able to swim at least half the pool (12 1/2 yards) freestyle and backstroke. Coaches will be in the water with this group.

**Monday/Wednesday 3:30-4:30pm (25 Max)**
- Ages 8 and under

Children in this group must be able to swim 25 yards freestyle and backstroke.

**Monday/Wednesday 4:30-5:30pm (30 Max)**
- Ages 9-12

**Monday/Wednesday 5:30-6:30 pm (20 Max)**
- Ages 13 and over

M/W groups will practice on the Fridays of: 5/14, 5/28, 6/11, 6/25 and 7/9

**Tuesday/Thursday 3:30-4:30pm (5 Max)**
- Ages 6 and under

**Tuesday/Thursday 3:30-4:30pm (25 Max)**
- Ages 8 and under

**Tuesday/Thursday 4:30-5:30pm (30 Max)**
- Ages 9-12

**Tuesday/Thursday 5:30-6:30pm (20 Max)**
- Ages 13 and over

T/TH groups will practice on the Fridays of: 5/21, 6/4, 6/18, 7/2 and 7/16

**Cost for all groups is $175.00**

Team suits are available as an additional purchase through Toad Hollow Athletics at their retail store located at 260 Racine Drive #6, as well as their website www.toadhollowathletics.com. Type in “lower cape” in the search box and our suits will come up. Suits will be available in early April. The suits and prices are as follows:

**Female**
- Dolfin Solid Black Reliance DBX Back $43.10 plus tax

**Male**
- Dolfin Solid Black Reliance Jammer $31.20 plus tax
  or
- Dolfin Solid Black Reliance Brief $24.80 plus tax

For questions concerning the Barracuda Winter Warm-up please feel free to contact Aquatics Director Lance Tate 799-6820 ext.110

**SIGN UP STARTS**
**Monday, March 29th**
- at 9:00 a.m.
- in person or by phone 799-6820 ext.109