

*Anonymous quotes to protect participants' privacy.

Community Outreach Successes



Grandparent Support Network (GSN)

*"If it wasn't for GSN I would not have the support needed to raise my two grandsons. Both children needed an Individualized Education Plan (IEP), but I didn't even know what that was. Through GSN I got the resources and support to protect my grandsons' ability to learn with their mental health diagnoses. The process with the school was frustrating, but GSN supported me through it and gave me the confidence and knowledge to get my grandsons' the support they need to be successful in school."**

Early Parenthood Program of Columbus County (EPP)

"YWCA's Early Parenthood Program has helped me apply for housing and jobs. It encouraged me to go back to school and connected me with the right people. It pushed me to take a chance and move to help better my daughter and my life."



EPP supports teen mothers with the tools they need to develop strong parenting skills to raise healthy and resilient children, while staying enrolled and graduating from school.

Aquatics Programs and Facility

*"For over seven years, my son and I use the pool 4-5 mornings a week. [My son] has used a wheelchair for 22 years, and the pool is the only place where he can stand and walk. It has been essential to his health, and mine too, as a caregiver. YWCA has been like family to us. This community has been so important to us. I don't know what I would do without it!"**



YWCA Lower Cape Fear
2815 South College Road
Wilmington, NC 28412
ywca-lowercapefear.org

**YWCA
IS ON A
MISSION**



eliminating racism
empowering women
ywca
Lower Cape Fear

2022 Annual Report

YWCA Lower Cape Fear breaks down barriers for women and people of color. We know our work for change requires courage and commitment; that is why we focus on five pillars:

- Early Education and Youth Development
- Racial Justice and Civil Rights
- Economic Advancement of Women
- Family Support and Empowerment
- Health and Safety

Dear Friends and Supporters,


The past year has been a time of incredible resilience and adaptation as we navigated the ongoing challenges presented by the global pandemic. Despite the hurdles, **our unwavering commitment to our mission** remained steadfast, and we continued to provide essential services and support to women, children, and families in our community.

One of our most significant achievements this year was the expansion of our **Grandparent Support Network, which empowered 296 individuals to find respite and access to resources** to ensure high school graduation, secure employment, and support grandparents who are the primary caregivers of their grandchildren.

Our commitment to promoting diversity, equity, and inclusion remained at the forefront of our efforts. This year's inaugural Health Summit made substantial progress in empowering and building healthier communities and improving social determinants of health. We formed local partnerships to continue **our work to uplift underrepresented communities, particularly when it comes to maternal health** and promote racial and gender equity in our community.

As we look to the coming year, we are filled with courage and commitment. **Our mission to eliminate racism and empower women remains as relevant as ever**, we are excited about the opportunities that lie ahead. We will continue to adapt and innovate, working tirelessly to create a more just and equitable community for all.

Thank you for being a part of our YWCA family. Together, we are creating a brighter future.

Sincerely,


Velva Jenkins, CEO

Our 2022 BOARD of Directors

- | | |
|---|---|
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Our IMPACT

Engaged 2,703 individuals with 19 events



in racial justice and civil rights advocacy through Talk On Race, Talk On Health, Potluck for Peace, Week Without Violence, Stand Against Racism, Health Summit and community outreach.

Helped 313 individuals find respite and empowerment




through our Community Outreach programs: Grandparent Support Network, Early Parenthood Program of Columbus County, and New Choices Economic Empowerment.

1 Provided early education and after school care for 100 children



through our Early Learning Academy and Youth Enrichment programs.

YWCA swim instructors taught 828 individuals how to swim



through our *No Fish Left Behind* and other aquatics programs that promote water safety, water skills, and access to affordable fun exercise.

YWCA's Aquatics Center serves 3,702 members.

Served 1,504 meals to our families in our community



through our partnership with the Food Bank we were able to serve warm meals to families in our Grandparent Support Network at our weekly respite and empowerment meetings.

Our RESOURCES

YWCA Promotes Women's Empowerment & Economic Advancement

With a particular focus on the reality the way race impacts women's economic opportunities. We serve women in the community with economic empowerment programs, such as job training, financial literacy, salary negotiation, and leadership development.

ywca-lowercapefear.org/what-were-doing/youth-enrichment/

YWCA Improves Lives

YWCA seeks to improve the lives of women and girls by providing high-quality health and wellness programs that are too often not available to communities of color. We help to improve and strengthen the health habits of our members and their families through accessible, fun, and flexible aquatics programs.

<https://www.ywca-lowercapefear.org/what-were-doing/health/>

YWCA Provides Safe & Affordable Childcare

Providing safe and affordable care for children is crucial for working families. We believe that all families regardless of income should have access to systems of early care and education.

ywca-lowercapefear.org/what-were-doing/youth-enrichment/

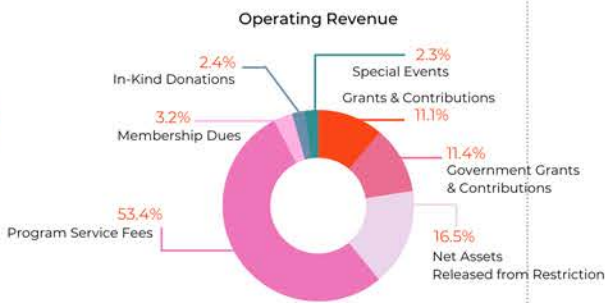
YWCA Supports Families in the Community

Through the Grandparent Support Network we support grandparents who are raising their grandchildren; serving individuals through weekly respite meetings with educational resources for housing, childcare, healthcare, careers, continued education, and finances.

YWCA's Early Parenthood Program supports teen mothers with the tools they need to develop strong parenting skills to raise healthy, resilient children, while staying enrolled in school and graduating.

ywca-lowercapefear.org/what-were-doing/family-support-empowerment/

Our FINANCIALS*



*From our Audited Financial Statements

 **DONATE TODAY**

Your gift to the YWCA Lower Cape Fear helps families in our community when they need it most.

Point your phone's camera at the QR Code to give now, or visit ywca-lowercapefear.org/donate

